

Starters

- £7.25 Crispy Halloumi and Rocket Salad
roasted red pepper & sweet and Sour dressing
- £8.50 Pan Fried Scallops with Swannington Belly of Pork
with apple puree & pea shoot & apple salad
- £6.95 *Chicken Liver Parfiat with Cucumber and Red Pepper
Marmalade and House Toast*
- £7.95 *Mixed Fish Cake with Poached Egg, Morston Samphire
& Classic Hollandaise*

- £7.95 Coconut King Prawns with Coriander Salad,
Coconut & Sweet Chilli Dipping Sauce
- £7.50 Classic Atlantic Prawn Cocktail
with granary bread

- £7.95 Crispy Chilli Beef
with coriander & peanut salad
- £6.95 Honey Baked Camembert
with caramelised onion marmalade & toasted ciabatta

Starter - Specials

- £6.95 *Broccoli & Stilton Soup with Warm Bread*
- £9.95 *Seafood Assiette with Local Cockles, Cromer Crab,
Crevettes, Salmon Mousse and Morston Samphire*

- £7.95 *Crispy Salt and Pepper Squid with Chorizo Caesar Salad*
- £7.95 *Rabbit and Walnut Ballantine, with confit Leg Bonbon,
Carrot Salad and Raisin Puree*

Market Fish

- £16.95 Baked Monkfish with Pancetta Mornay
topped with Crab and Cheddar Mash
- £15.95 Salmon and Spinach Encroute with Buttered New Potatoes
and Watercress Sauce
- £13.95 Beer Battered Fillet of Longshore Cod
with home cut chips & garden peas
- £15.95 *Roasted Longshore Cod Fillet with Summer Vegetables,
Herb Parmentier Potatoes & Sauce Vierge*
- £14.95 *Herb Breaded Local Ling Goujons with Cromer Crab
Tartare Sauce & Sea Salt Fries*

- £15.95 Wing of Norfolk Skate with sauteed potatoes,
lemon & caper butter or battered with home cut chips
- £14.95 Smoked Haddock and Poached Free Range Eggs
with creamy mash with spinach, poached egg & chive cream
- £16.95 Seared Tuna and Crispy Calamari
on a Nicoise Salad with soft boiled egg

- £15.95 Pan Seared Fillet of Seabass
with pak choi & coconut chilli king prawns & steamed coriander rice
- £16.95 Whole Grilled Lowesoft Plaice with Cray Fish and Parmesan Crust
sauteed Potatoes and Tenderstem Broccoli
- £15.95 Freshly Caught Large Cromer Crab Salad
with minted new potatoes

Market Fish - Specials

- £16.95 *Baked Whole Boneless Sea Bass Stuffed with Cromer
Crab & Prawn Thermidor with Buttered Morston Samphire*
- £16.95 *Fillet of Local Plaice with Shellfish Mousse Seared
Scottish King Scallops Tenderstem Broccoli & New Potatoes*

- £24.95 *Pan fried 20-24oz Dover Sole Meuriniere with Minted
New Potatoes & Green Beans*
- £17.95 *Fillet of Wild Halibut with Crab Crushed Potatoes,
Green Beans & Local Cockle Beurre Blanc*

Meat

- £14.95 Braised Shank of Lamb sauteed cabbage with bacon,
Button Onions, creamy mash & a rich sauce
- £15.95 Cajun Spiced Flat Iron Steak with caesar salad & spiced fries
- £14.95 BBQ glazed Rack of Pork Ribs with fries & coleslaw
- £22.95 *Skewered Fillet of Beef with Grilled Half Local Lobster,
Garlic Butter and Sea Salt Fries*
- £16.95 *Crispy Swannington Pork Belly with Thai style King
Prawn Laksa & Rice Noodles*

- £13.95 Steamed Steak & Kidney Pudding with seasonal vegetables
- £14.95 Breast of Chicken Stuffed with Goats Cheese & Chive with Thyme
Roasted New Potatoes, Fine Beans & Provencale
- £15.95 Duck Stir Fry Hoi Sin Duck Stir Fry with Udon Noodles & Prawn Crackers

- £14.95 Swannington Fillet of Pork wrapped in Parma ham with pork belly
croquettes, fondant potato & grain mustard sauce
- £13.95 Sergeant's 8oz Steak Burger with streaky bacon & cheese
in a toasted bun, home cut chips, salad & coleslaw
- £14.95 Tandoori Marinated Mixed Grill with Pilau Rice,
Peshwari Naan Bread & Onion Bhaji

Meat - Specials

- £40.00 *Aberdeen Angus Cote De Bouef (approx 1k) with Triple
Cooked Chips Grill Garnish & Bernaise Sauce (to Share)*
- £15.95 *Rump of Lamb, Pea Puree, Chantenay Carrots &
Dauphanoise Potatoes and Homemade Mint Sauce*

- £15.95 *Swannington Dry Cured Gammon Loin with Bubble &
Squeak Cake Crispy Poached Egg & English Mustard Hollandaise*
- £17.95 *Slow Cooked Spicy Beef Ribs Jacob Ladder with
Smoked Paprika Fries & Onion Rings*

From the Chargrill - aged Local Beef from Swannington Farm to Fork

All steaks are served with a choice of potato, roasted tomatoes, sauteed mushrooms & onion rings

£2.95 Peppercorn or Roquefort Sauce

- £21.95 Prime Sirloin or Ribeye Steak
- £24.95 Prime Fillet Steak

- £24.95 Large Rump Steak
- £15.95 Rump Steak

- £13.95 Swannington Pork Tomohawk with Bacon Jam & Gorgonzola,
Waldorf Salad & sweet potato Fries

Vegetarian

- £13.95 Pesto & Heritage Tomato Linguine
with Rocket Salad & Crispy Mozzarella Fritters
- £13.95 Coconut, Sweet Potato & Chick Pea Curry
with Pilau Rice & Onion Bhaji

Vegetarian - Specials

- £13.95 *Halloumi Burger with Portabello Mushroom, Caramelised Onion
& Roasted Red Pepper in Toasted Brioche, Coleslaw & Fries*
- £13.95 *Twice Baked Sun Blushed Tomato, Basil & Parmesan Souffle
with Dressed Garden*

Sides

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| £2.50 French Fries | £3.50 Fine Beans and Pancetta |
| £3.50 Sweet Potato Fries | £2.50 Mixed Seasonal Vegetables |
| £3.50 Triple Cooked Chips | £2.50 Mixed Salad |
| £3.50 Samphire | £4.50 Greek Salad |